

Zachary Carleton Long, DO, FACOS

Honolulu, HI 96813

PROFESSIONAL EXPERIENCE

Associate Plastic Surgeon: 11/2024 to present, *Asia Pacific Plastic Surgery, Inc.* – Honolulu, HI

- Full-time associate plastic surgeon at a world-renowned aesthetic private practice

Plastic and Reconstructive Surgery Attending: 8/2020 to 12/31/2024, *Berkshire Health Systems* – Pittsfield, MA

- Full-time plastic surgery attending, Berkshire Medical Center
- Physician lead, Berkshire Dermatology and Plastic Surgery of BMC
- Primary plastic surgery member, Breast Cancer Leadership Program at BMC
- Founding member of LGBTQIA+ Collaborative at BMC

Office Manager/Front Office: 6/2009 to 7/2010, *Aloha Plastic Surgery, LLC* – Honolulu, HI

- Managed scheduling, patient communications, medical records, accounts payable, supply ordering, and hiring support for a solo private plastic surgery practice.

Surgical/OR Technician: 5/2007 to 8/2008, *Aloha Plastic Surgery, LLC* – Honolulu, HI

- Prepared and turned over the OR, sanitized instruments, assisted during procedures, and supported postoperative recovery in a solo private practice.

EDUCATION

Fellowship: Plastic and Reconstructive Surgery, 2017 to 2020

- SBH Health System – Bronx, NY

Residency: General Surgery, 2015 to 2017

- SBH Health System – Bronx, NY

Internship: General Surgery, 2014

- SBH Health System – Bronx, NY

Doctor of Osteopathic Medicine: Medicine, 2014

- West Virginia School of Osteopathic Medicine – Lewisburg, WV

Bachelor of Science: Biology (major), Chemistry (minor), Japanese (minor), 2009

- University of North Carolina at Chapel Hill – Chapel Hill, NC

AFFILIATIONS

American Osteopathic Association

American College of Osteopathic Surgeons

Hawaii Association of Osteopathic Physicians and Surgeons

CERTIFICATIONS

Basic Life Support

Advanced Cardiac Life Support

PUBLICATIONS AND PRESENTATIONS

Placement of Acellular Dermal Matrix in Transaxillary Endoscopic Capsulectomy for Capsular Contracture. Berry K, Long Z. ACOS Fall 2026 ACOS-MSS Conference.

Multidisciplinary Management of Locally Invasive Cutaneous Squamous Cell Carcinoma with Cranio-Orbital Resection and Anterolateral Free Flap Reconstruction. Berry K, Long Z. ACOS 2026 Virtual Winter Research Symposium.

Pediced Myocutaneous Flap Breast Reconstruction in the Community Hospital Setting: An Analysis of Cost and Complications. Long Z, Huettner F, Kells A. *Cureus*. 2020;12(11):e11806. doi:10.7759/cureus.11806

- SBH Resident Research Day 2020, Poster winner in Surgery

Rates of Skin Graft or Skin Flap Failure in Patients Who Have Received Osteopathic Manipulative Medicine Treatment. Long Z, Tuttle V, et al. *New York Medical Journal*. 2019;13(2)

- AAO Convocation 2017, 2nd place award in Original Research

Evaluation of Spatiotemporal Trends and Predictive Modeling of Non-Accidental Trauma Utilizing Geographical Information Systems. Smith M, Pavalonis A, Long Z, et al. *Trauma*. 2018;20(2):113–120. doi:10.1177/1460408617714824

Are Injuries Only Skin Deep? The Quandary of the ‘Found Down’ Patient. Smith M, Pavalonis A, Long Z, et al. *Trauma*. 2019;21(2):128–133. doi:10.1177/1460408618757801

MEDICAL LICENSES

Massachusetts State Medical License: 2/6/2020 to present

Hawaii State Medical License: 7/1/2020 to present

Colorado State Medical License: 2/27/2024 to present

BOARD CERTIFICATION AND APPOINTMENTS

American Osteopathic Board of Surgery

- Board Certification, Plastic and Reconstructive Surgery, 2022 to present

American College of Osteopathic Surgeons

- Fellow, 2025 to present

Williams College Winter Study Teaching Associate

- Williams College, 2021 to 2024

Clinical Assistant Professor of Surgery

- University of New England College of Osteopathic Medicine, 2022 to 2024