

DEANA E. PALEY, DO, FACOS

Watertown, NY 13601

Clinical Focus

- Aesthetic and functional breast procedures, including reduction, mastopexy, and augmentation
- Breast reconstruction, oncoplastic surgery, and implant-based reconstruction
- Body contouring and post-weight-loss reshaping procedures
- Complex wound management across inpatient, outpatient, and post-acute settings
- Cosmetic and reconstructive procedures focused on form, function, and patient-centered outcomes

Profile

Board-certified Plastic and Reconstructive Surgeon and wound care physician with leadership experience building hospital-based plastic surgery services, developing comprehensive breast care program, advancing surgical education, and delivering high-volume reconstructive, cosmetic, trauma, and complex wound care.

- Built a hospital-based Plastic and Reconstructive Surgery service from the ground up, expanding surgical capability and patient access.
- Partnered with breast surgery, radiation oncology, and breast radiology leaders to develop a comprehensive breast care center.
- Played an instrumental role in achieving accreditation for the Plastic and Reconstructive Surgery Fellowship at St. Barnabas Hospital.

Professional Experience

Plastic and Reconstructive Surgeon, 08/2018 - Current

Samaritan Hospital – Watertown, NY

- Established Samaritan Hospital's Plastic and Reconstructive Surgery service, creating new access to local specialty surgical care.
- Helped build a comprehensive breast care service in collaboration with breast surgery, radiation oncology, and breast radiology.
- Provided complex inpatient wound care and per diem outpatient wound center coverage.
- Served as an expert surgical consultant to physicians on complex cases and operative techniques, supporting quality of care across the institution.
- Contributed to departmental budget planning by identifying surgical team resource and equipment needs.
- Served on hospital committees, including Infection Control, Hospital Credentialing Committee, and OR Council.
- Supervised trainees, medical students, and residents and participated in didactic teaching.
- Performed an average of 200 surgical cases annually.

Plastic and Reconstructive Surgeon, 09/2014 - 08/2018

Lincoln Medical and Mental Health Center – Bronx, NY

- Supervised medical students, residents, fellows, and trainees in Plastic Surgery clinical and operative care.
- Performed an average of 6–8 surgeries per week to correct deformities, repair injuries, restore function, and treat disease.
- Ran Hand and Plastic Surgery clinics, evaluating and treating an average of 75 patients per week.
- Covered hand trauma and Plastic Surgery call, including pediatric coverage at a Level 1 trauma center.
- Managed elective and emergency surgical scheduling to support timely access to critical procedures.

Plastic and Reconstructive Surgeon, 06/2013 - 08/2018

St. John's Episcopal Hospital – Far Rockaway, NY

- Supervised trainees, medical students, residents, and fellows while running the Plastic Surgery clinic.
- Collaborated with multidisciplinary teams to develop comprehensive care plans for complex patients.
- Participated in a wound care clinic with hyperbaric treatments, treating an average of 20 patients per week.

Plastic and Reconstructive Surgeon, 01/2013 - 08/2018

St. Joseph's Hospital – Yonkers, NY

- Performed post-operative rounds, assessed patient status, and coordinated follow-up care.
- Performed preventive and elective surgical procedures.
- Covered emergency room call for Plastic and Hand Surgery.

Plastic and Reconstructive Surgeon; Owner and CEO, 09/2012 - 08/2018

Artmedicus, PLLC – Yonkers, NY

- Provided plastic, reconstructive, and cosmetic surgery services.
- Founded and built a private surgical practice.

Plastic and Reconstructive Surgeon, 01/2013 - 07/2018

Flushing Hospital – Queens, NY

- Supervised medical students, residents, fellows, and trainees in clinical and operative care.
- Participated in credentialing a surgical training program with the College of Osteopathic Medicine.
- Collaborated with multidisciplinary teams to develop comprehensive care plans for complex patients.
- Participated in a wound care clinic with an average schedule of 15 patients per week.

Wound Care Physician, 07/2012 - 07/2018

Vohra Wound Physicians – New York, NY

- Provided physician-level wound care across post-acute and facility-based settings.
- Educated patients and families on diagnoses, treatment plans, and wound care expectations.
- Participated in care for an average of 90 patients per week.
- Coordinated care with consulting physicians to support timely treatment decisions.
- Completed bedside procedures using local or topical anesthetic when clinically appropriate.
- Monitored and documented patient progress, prompting timely interventions when needed.
- Managed direct patient care through examinations, evaluations, assessments, and diagnosis.

Plastic and Reconstructive Surgeon, 05/2013 - 05/2015

St. Barnabas Hospital – Bronx, NY

- Covered hand trauma and Plastic Surgery emergencies at a Level 1 trauma center.
- Mentored junior surgeons and medical students in operative judgment, clinical care, and professional development.
- Played a major role in maintaining and achieving certification of the Plastic Surgery program with the American College of Osteopathic Surgeons.
- Participated in an outpatient wound care clinic.

Education and Training

Fellowship: Plastic and Reconstructive Surgery, 06/2012

St. Barnabas Hospital - Bronx, NY

Residency: General Surgery Residency Program, 06/2010

Peninsula Hospital Center - Far Rockaway, NY

Chief Resident Physician OGME 5

Doctor of Osteopathic Medicine: Internship, 06/2006

Peninsula Hospital Center - Far Rockaway, NY

Medical School: 05/2005

Nova Southeastern University - Fort Lauderdale, FL

Bachelor of Arts: Biology, 12/1997

University of Louisville - Louisville, KY

Associate degree: Nursing, 05/1994

Jefferson Community College - Louisville, KY

Licensure and Board Certifications

- New York State Medical License, 249051
- Board Certified General Surgery
- Board Certified Plastic Surgery
- Board Certified Wound Care Physician
- ACLS/BLS

Professional Affiliations

- American Osteopathic Association
- American College of Osteopathic Surgeons

- American Medical Association
- American Society of Plastic Surgeons
- Member of National Consortium of Breast Centers

Academic Appointment

- LECOM Adjunct Clinical Assistant Professor of Plastic Surgery

Publications and Presentations

- Poster Presentation “Surgical Management for Failed Gastric Pacemaker for Gastroparesis: Case Presentation”, American College of Osteopathic Surgeons, San Francisco, CA, 2007
- Poster Presentation “Desmoid Fibromatosis in Familial Adenomatous Polyposis negative patients: two new cases.”, Annual Meeting of Brooklyn and Long Island Chapter American College of Surgeons, Long Island, NY, 12/01/08
- Hypoxia Signature of Splice Forms of Tryptophanyl-tRNA Synthetase Marks Pancreatic Cancer Cells With Distinct Metastatic Abilities, Elena L. Paley, PhD, Deana E. Paley, DO, Tatyana Merkulova-Rainon, PhD, Pochi R. Subbarayan, PhD, Pancreas, 40, 7, 10/01/11, 1043-1056

Languages

Russian — Native proficiency